

## EVALUATION OF SELF HYPNOSIS CLASS

Name (if desired) Kate Rymer Date 11/13/03

Please complete the following evaluation. Your name does not need to appear on this form if you do not want to write it here, but any comments you make will be helpful for following classes. Thank you.

Instructor: Dennis Parker

	Poor	Fair	Good	Excellent
Was well prepared				✓
Presented information in an understandable fashion				✓
Information is valuable				✓
Information met your needs				✓
You can use the information now				✓

Facilities:

	Poor	Fair	Good	Excellent
Room set up was comfortable			✓	
Room atmosphere was comfortable for learning		✓		

Comments: The only recommendation I have for the learning environment is a quieter place - I think I could focus better (go deeper) without the traffic noise.

This course has been extremely beneficial in improving my overall quality of life (not just fixing the insomnia). They should have a course in high school/college requiring everyone to take a course like this... I think the world would be a better place.

Can we use your comments in our newsletter and/or internet site? Yes  No

**If we use your comments for our newsletter and/or internet site, we extend our thanks to you by offering you \$5 off your next session or supplement purchase.**

If the answer is yes, please sign and date this paper:

Kate Rymer  
Signature

11/13/03  
Date

If you know others who would benefit from this course and would like us to contact them, please write their names and telephone numbers below:

---



---



---



---



---